

# International Open Sport Sambo and Combat Sambo tournament, Krakow 5/10/2019

## REGULATIONS

### 1. Purpose

The purpose of this tournament is to popularize healthy lifestyle, sambo development through children youth and adults engagement.

### 2. Organizers:

Polish Sambo Association and Krakow Association of Judo Sambo and Defense systems „SAMBO KRAK”

### 3. Date of the event:

5<sup>th</sup> of October 2019

### 4. Address of the event:

12A Majora St. 31-416 Krakow, Prądniczanka sport club hall

### 5. Weight and age categories:

#### A GROUP:

8-9 years old

2011 – 2010

Boys: 27,30,32,35,38,41,45,49,53,57,62,67,+67kg

Girls: 24,26,28,30,32,34,36,38,41,45,49,53,+53kg

**B GROUP:**

10-11 years old

2009 – 2008

Boys: 30,32,35,38,41,45,49,53,57,62,67,+67kg

Girls: 26,28,30,32,34,36,38,41,45,49,53,+53kg

**C GROUP:**

12-13 years old

2007 – 2006

Boys: 30,32,35,38,41,45,49,53,57,62,67,+67kg

Girls: 26,28,30,32,34,36,38,41,45,49,53,+53kg

**D GROUP:**

14-15 years old

2005 – 2004

Boys: 45,52,56,60,65,70,75,81,87,+87kg

Girls: 40,44,48,52,56,60,65,70,75,+75kg

**E GROUP:**

16-17 years old

2003 – 2002

Boys: 48,52,57,62,68,74,82,90,100,+100kg

Girls: 44,48,52,56,60,64,68,72,78,82,+82kg

**F GROUP:**

Seniors

Sport sambo

Women: 48, 52, 56, 60, 64, 68, 72, 78, 82, +82kg

Men: 52, 57, 62, 68, 74, 82, 90, 100, +100kg

16-17 years old

2003-2001

Men: 48,52,57,62,68,74,82,90,100,+100kg

## **G GROUP**

Seniors

Sambo Combat

Men: 48,52,57,62,68,74,82,90,100,+100kg

### **6. Participation:**

- Participants should have background in the one of following disciplines: sambo, judo, wrestling, ju-jitsu, MMA, karate, taekwondo, kickboxing or similar.
- The competitions shall be held in accordance with the International Sports and Combat SAMBO Competition Rules. Winners will be awarded with medals and diplomas.
- Participants should have valid doctor permissions to start, ID with photo, insurance covering the day of competitions and they will be asked to present all enlisted documents during accreditation and weighing.
- Sportsman that do not have sambo outfit would use they own gi, shorts and socks.
- Representatives/legal guardians of participants are responsible for their behavior during competitions.
- In case of only one participant in weight category, he/she could be moved to similar category after coach given consent. There are no medals in weight category with one participant.

### **7. Starting fee**

45 zloty (10 euro) paid in cash on the day of competitions or by money transfer to following account until 03/10/2019:

*Krakowskie Stowarzyszenie Judo, Sambo i Obronnych Systemów „SAMBO KRAK”*

*31-851 Kraków, os. Albertyńskie 1-2.*

Account no: 17 2030 0045 1110 0000 0287 1290

### **8. Program of the tournament:**

- 7:00- 9:00 Weighting

- 9:00-10:00 Competition draw
- 10:30 – Opening ceremony
- 11:00 – Fights

#### **9. Insurance transportation and accommodation:**

Participants cover the costs of insurance transportation and accommodation. Participants who would like to use accommodation provided by organizers are requested to inform them upon an early notice (until 27th of September 2019) in order to discuss details and accommodation fee.

#### **10. Application**

Participants shall submit their requests until 30<sup>th</sup> of September 2019 by e-mail to [prezes@pzsambo.pl](mailto:prezes@pzsambo.pl)

Request must contain First and Last Name, date of birth, weight category and name of the club.

#### **11. Contacts:**

- Oleksandr Gorbatiuk – President of Polish Sambo Association tel. +48 502 841 883, [prezes@pzsambo.pl](mailto:prezes@pzsambo.pl)
- Pavlo Gorbatiuk – President of Krakow Association of Judo Sambo and Defense systems „SAMBO KRAK” tel. +48 664 946 415, [sambo@sambokrakow.pl](mailto:sambo@sambokrakow.pl)

**We encourage all interested in sponsorship or advertisements to contact!**

Detailed information:

Piotr Ćwik - Vice President of Polish Sambo Association, tel. +48 606 920 749, [p.cwik@pzsambo.pl](mailto:p.cwik@pzsambo.pl)

**Regulations can be subject to change.**